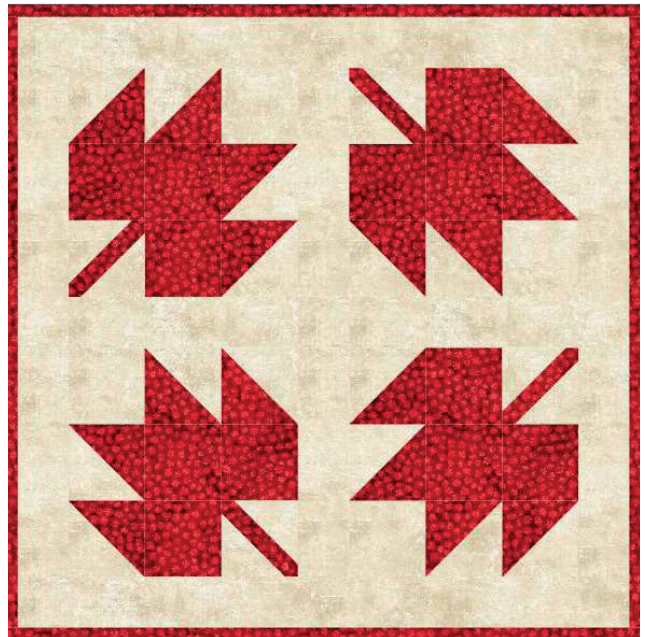


Anchors Away Pillow



Maple Leaf Block & Optional Wall
Hanging / Table Topper

CANADA BY THE SEA

By Northcott Studio

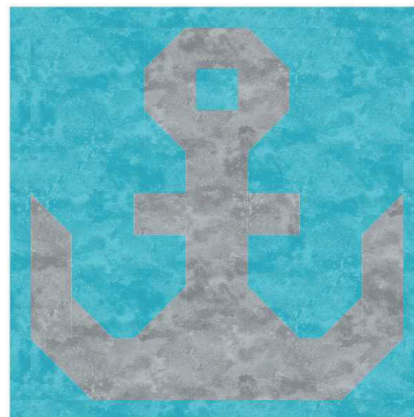
Anchors Away! Pillow

Requirements:

Main – 1 Fat Quarter

Background – 3/8 yd (0.4 m)

Pillow Backing – 5/8 yd (0.6 m)



Cutting Instructions:

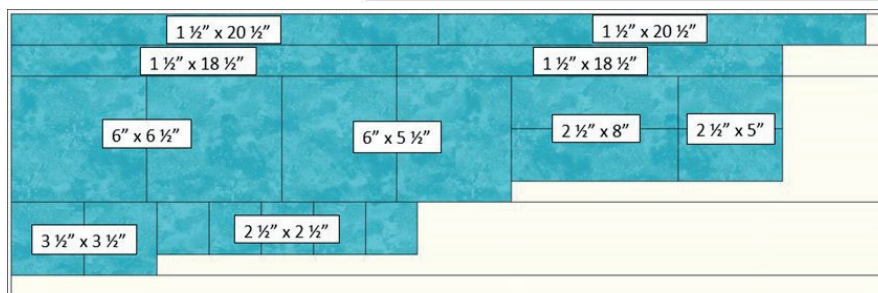
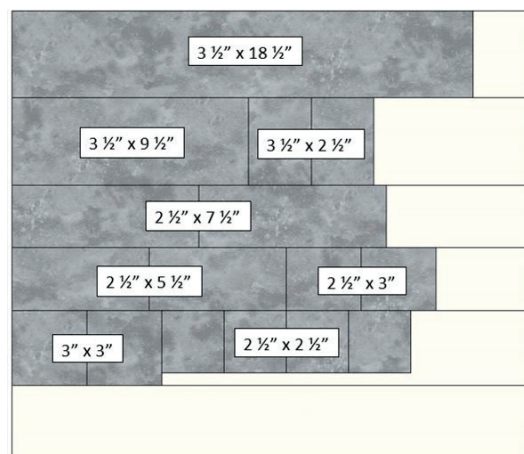
Using the diagrams as a guide, cut fabric as follows:

Fabric A - Main (anchor):

- 1 – 3 1/2" x 18 1/2" strip
- 1 – 3 1/2" x 9 1/2" strip
- 2 – 3 1/2" x 2 1/2" rectangles
- 2 – 2 1/2" x 7 1/2" strips
- 2 – 2 1/2" x 5 1/2" strips
- 2 – 2 1/2" x 3" rectangles
- 2 – 3" x 3" squares
- 4 – 2 1/2" x 2 1/2" squares

Fabric B - Background:

- 2 – 1 1/2" x 20 1/2" strips
- 2 – 1 1/2" x 18 1/2" strips
- 2 – 6" x 6 1/2" rectangles
- 2 – 6" x 5 1/2" rectangles
- 2 – 2 1/2" x 8" strips
- 2 – 2 1/2" x 5" strips
- 2 – 3 1/2" x 3 1/2" squares
- 5 – 2 1/2" x 2 1/2" square

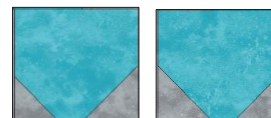


Block Assembly:

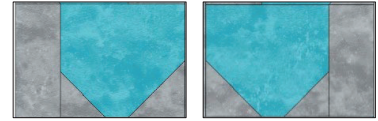
1. Mark a diagonal line on the wrong side of the two 3 1/2" Fabric B squares. Place one on each end of the 3 1/2" x 18 1/2" Fabric A strip with right sides together. Sew along the line, then trim 1/4" away from the line and press out to complete the 'bottom' row.



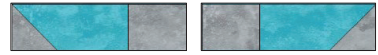
2. Mark a diagonal line on the wrong side of the two 3" Fabric A squares and two of the 2 1/2" Fabric A squares. Place one of each size in each of the bottom corners of the two 6" x 5 1/2" Fabric B rectangles (along the 6" edge), as shown. Sew & trim as in Step 1.



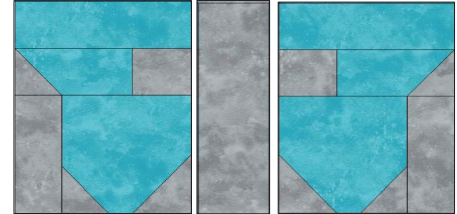
- Next, add a 2 1/2" x 5 1/2" Fabric A strip to the left or right side of each (the side with the smaller corner triangle), as shown.



- Join the 3 1/2" x 2 1/2" Fabric A rectangles with the 2 1/2" x 5" Fabric B strips on the short ends. Mark a diagonal line on the wrong side of the remaining two 2 1/2" Fabric A squares. Place these on the Fabric B end of the strips just made. Sew along the line, then trim 1/4" away from the line and press out.



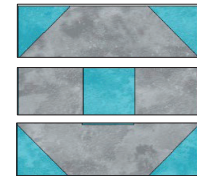
- Join these strips to the top of the units made in Step 3. Add a 2 1/2" x 8" Fabric B strip along the top edge. Then join the units with the 3 1/2" x 9 1/2" Fabric A strip between the two units to complete the 'middle' row.



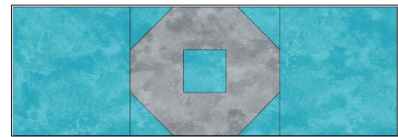
- Sew a 2 1/2" x 3" Fabric A rectangle to each side of a 2 1/2" Fabric B square.



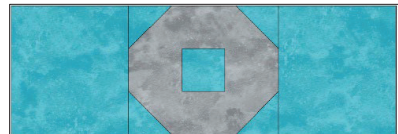
- Mark a diagonal line on the wrong side of the remaining four 2 1/2" Fabric B squares. Place one on each end of the two 2 1/2" x 7 1/2" Fabric A strips with right sides together. Sew along the lines, then trim 1/4" away from the line and press out. Join these strips to the top & bottom of the strip made in Step 6.



- Sew a 6" x 6 1/2" Fabric B rectangle to each side of the unit just made to complete the 'top' row.

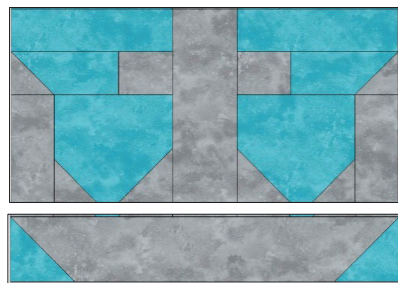


- Join the three rows together, then add the two 1 1/2" x 18 1/2" side borders and the two 1 1/2" x 20 1/2" top & bottom borders to complete the pillow block.



Pillow Assembly:

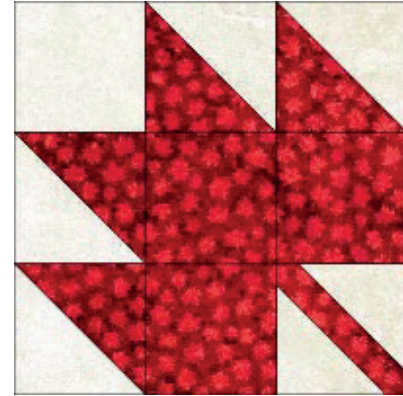
- Cut a 20 1/2" x WOF piece from your backing fabric. (Measure your block to confirm size and adjust the size of your backing, if necessary.) From this piece, cut two 13" x 20 1/2" pieces.
- Fold the 13" edge under 1/2", then 1/2" again and press. Top stitch along the folded edge. Repeat with the second backing piece.
- Line up the raw edges of the backing pieces with the raw edges of the pillow block (backing pieces should overlap by about 3") and pin in place. Sew around the perimeter of the pillow block using a 1/2" seam allowance. Clip corners to reduce bulk, then turn pillow right side out.



Maple Leaf Block & Optional Wall Hanging / Table Topper

Requirements: (Makes 4 – 9” Blocks)

Main A (Leaf) – 1 Fat Quarter
Background B – 1 Fat Quarter



Cutting Instructions:

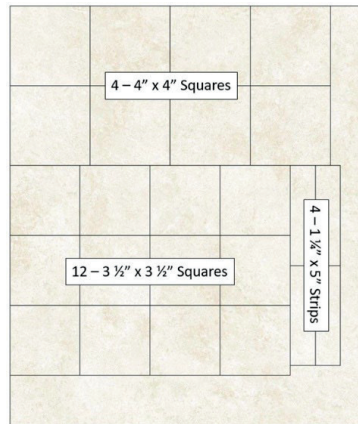
Using the diagrams as a guide, cut fabric as follows:

Fabric A – Main (Leaf)

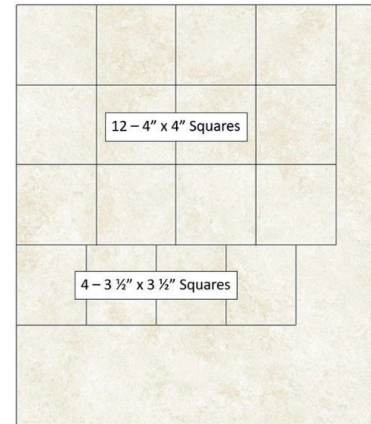
4 – 4” x 4” squares
12 – 3 ½” x 3 ½” squares
4 – 1 ¼” x 5” strips

Fabric B – Background

12 – 4” squares
4 – 3 ½” squares



Main (A) FQ Cutting Diagram

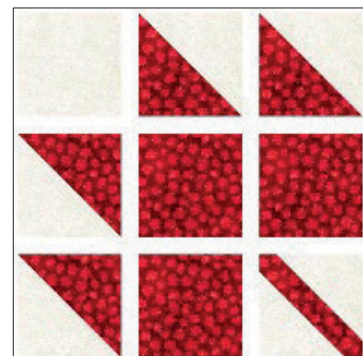


Background (B) FQ Cutting Diagram

Block Assembly:

1. Match up 2 – 4” main (A) & background (B) squares right sides together. Mark a diagonal line on the wrong side of (A) squares. Sew a ¼” from both sides of the line. Cut on the drawn line to get four HST units.. Trim to 3 ½” square.
2. Cut one 4” (B) square in half diagonally to create two triangles. Fold the 1 ¼” x 5” Fabric A strip in half vertically and finger press to mark the centre. Fold triangles in half along the long edge and finger press to mark centre. Line up the centre crease of one triangle with the centre crease on one side of the strip and sew in place. Repeat with opposite side/triangle. Trim to 3 ½” square.
3. Lay out squares as shown. Sew together into three rows. Press seams to the opposite side on each row. Sew rows together and press seams away from the stem square.
4. Repeat to make four Maple Leaf blocks.

Use your blocks to make a wall hanging or as corner blocks in your Canada-themed quilt. (Instructions for wall hanging on next page.)

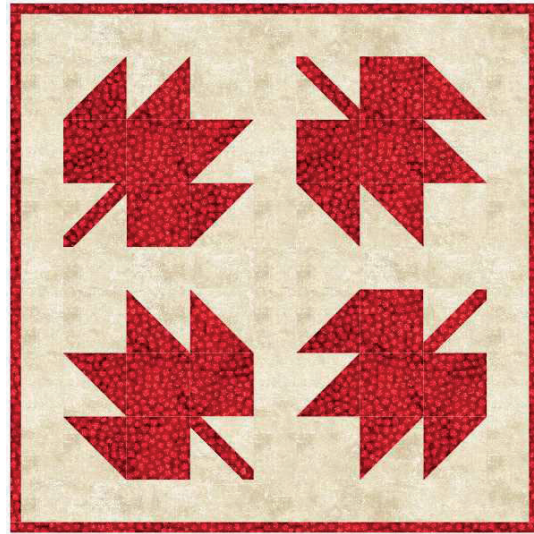


To make a 24" x 24" Wall Hanging / Table Topper using your four blocks, you will need these additional requirements:

Fabric B (Sashing & Outer Border) – 1/3 yd

Fabric A (Binding & Backing) – 1 yd

Batting – 28" x 28" piece



1. From Fabric B, cut 4 – 2 ½" x WOF strips
 - Sub-cut 2 – 2 ½" x 9 ½" strips
 - 3 – 2 ½" x 20 ½" strips
 - 2 – 2 ½" x 24 ½" strips
2. Arrange your four blocks as shown (or to your liking). Sew the top two blocks together, adding a 2 ½" x 9 ½" sashing strip in between. Repeat for the bottom two blocks.
3. Sew the two block rows together, adding a 2 ½" x 20 ½" sashing strip in between.
4. Sew a 2 ½" x 20 ½" outer border strip to each side of the quilt top. Then add the 2 ½" x 24 ½" top & bottom border strips to complete the quilt top.
5. From Fabric A, cut 3 – 2 ¼" x WOF binding strips. Join the strips using diagonal seams. Fold the long strip in half along the length of the strip, wrong sides together, and press to create binding.
6. From the remaining fabric, cut a 28" x 28" backing piece. There will be enough fabric to make a binding sleeve for hanging.
7. Layer backing, batting & quilt top. Quilt as desired. Bind using your favourite method.